
Today's Music

Prelude: *Meditation* (1962)
Music by Antonio Carlos Jobim,

Words by Newton Mendonca, translated by Normal Gimbel
*I just think of you, and the thought of you holding me near
makes my loneliness soon disappear.
I will wait for you, meditating how sweet life will be
when you come back to me.*

Musical Meditation: *Neptune: The Mystic* from "The Planets" (1914-16)
Gustav Holst

Astrologically speaking, Neptune's watery world has become associated with the hidden, distorted, and mysterious parts of our lives, including illusion, spirituality, mysticism, and dreams. The piece begins with a repeated chant that leads to a deep trance. Holst does not provide a return from the trance.

Offertory: *Opening* from "Glassworks" (1982)
Philip Glass

Recessional: *Sonatina in A Minor*
George Frideric Handel

Sunday Sermons

8/19 TODAY, 11:00AM – "On Meditation"

The Rev. Dr. Stephen Butler Murray, Minister
Meditation is a spiritual discipline that helps us reach our essential self, unburdened by the cacophony of what is happening around us. What forms of meditation exist, and how might we try them?

8/26 11:00AM – "On Contemplation"

The Rev. Dr. Stephen Butler Murray, Minister
Contemplation is a form of profound thinking, examining something for an extended period of time. The hope is that by focusing on something with such concentration, we might break through and find new insights. How do we do this and what might we achieve?

August 19, 2018

"On Meditation"

Rev. Dr. Stephen Butler Murray, Minister

Order of Service

ENTERING

Lighting of Candles
Singing Together*

#131 *Love Will Guide Us*
#153 *Oh, I Woke Up this Morning*

WELCOME

Michelle Peters, Worship Leader

CENTERING

Prelude
Calling To Worship
Kindling the Flame
Opening Hymn*

#83 *Winds Be Still*

DEEPENING

Silent Meditation
Invocation
Musical Meditation
Reading
Response
Message

#123 *Spirit of Life* (please sing along)

RETURNING

Offering
Closing Hymn*
Recessional

#90 *From All the Fret and Fever of the Day*

Congregation may exit to the Social Hall for potluck and conversation.

(* indicates times to stand in body or spirit)

Announcements and Events – August 19, 2018

FLOWER DONATIONS: Today's flowers are donated by Jody Wise to celebrate life.

TODAY'S GREETERS: Martha Bogner and Glenn Maxwell will be greeting today.

SUNDAY POTLUCK TODAY: Today we'll be meeting in the Social Hall directly after service for the potluck. **Everyone is invited!**

ORDER OF SERVICE COVERS: We want to remind you to PLEASE PUT YOUR OOS COVER IN THE BOX ON THE RADIATOR AS YOU EXIT THE SANCTUARY!

RIDE SHARES TO CHURCH ON SUNDAY - If you or someone you know could use a ride to church on Sunday, please contact the office with your location. Your availability will be published among our community to find a driver open to sharing a ride. Please contact the church office @ 313-833-9107 or email office@1stuu.org.

INTERACTIVE BOARD/CONGREGATIONAL MEETING TODAY: You're invited to an interactive meeting with members of the UU Detroit Board of Trustees and Rev. Murray, to take place after the service today in the Social Hall. Bring your ideas, questions and concerns! We look forward to an engaging dialogue to keep us all informed. New member Martha Bogner, who was elected as a delegate to the 2018 General Assembly, will report on her experiences there, and we'll address our burgeoning child care issues, as well as our hope to introduce a Religious Education program sometime in the future.

VESPERS ON AUGUST 22: Nancy Owen Nelson and Nancy Shattuck will present our **August Vespers** with the poetry of Freya Manfred and brief passages from her father's, Frederick Manfred's, work on Wednesday, August 22 at 6 p.m., Library, Henry Ford Village, [15101 Ford Rd., Dearborn, MI](#). Here's the link to Freya's website: <http://www.freyamanfredwriter.com/>

SHARE THE PLATE: This Sunday's recipient organization for our Share-the Plate offering is the UUA's Church of the Larger Fellowship, which is a special service for UUs who are not in geographic areas served by UU congregations.

The Church of the Larger Fellowship (CLF) is a Unitarian Universalist congregation with no geographical boundary. It is a global spiritual community, rooted in profound love, which cultivates wonder, imagination, and the courage to act. UU-CLF strives to keep the flame of love burning bright for all who yearn for its warmth and light.

The CLF's website www.QuestForMeaning.org provides resources especially important for isolated UUs to connect with their spirituality. Some of these resources are: monthly newsletters, online small discussion groups, online affinity groups, military ministry blog, prison ministry information, and a family page among others.